

# HCCSC

## 2024 Wellness Incentive

Annual wellness exams are essential to your ongoing health regardless of your age or stage of life. With this in mind, the 2024 wellness incentive program will offer a \$700 Health Savings Account contribution when you simply complete an annual wellness exam and biometric screening with your primary care physician\*.

Incentive Activity	Timing
<p><b>Annual Wellness Exam</b> Annual wellness exams show progress on your current health journey and help prevent severe health conditions in the future.</p> <p><b>Biometric Screening</b> Knowing and understanding your numbers helps you take preventive steps to ensure you stay healthy and well.</p>	<p>Complete your annual wellness exam between <b>June 1, 2023 and May 31, 2024</b> to receive a wellness incentive contribution to your Health Savings Account.</p> <p>Contributions will be made in <b>July 2024</b>.</p>

### Be Your Own Advocate!

**Ensure your visit will be coded as preventive!** Speak with your provider about your intent for an annual preventive physical exam; if the visit is submitted with a non-preventive code, it will not trigger your wellness incentive and may result in out-of-pocket expenses.

\*If you do not have a primary care physician, please visit [umr.com](http://umr.com) or use the mobile app and select **Find a provider**. Then enter **United Healthcare Choice Plus Network** and start your search.

